Inpatient & Outpatient Rehabilitation
Home Care
Larksfield Place Maintains Medicare’s Highest Quality Rating

<table>
<thead>
<tr>
<th>Medicare.gov Nursing Home Compare</th>
<th>OVERALL RATING</th>
<th>HEALTH INSPECTIONS</th>
<th>STAFFING</th>
<th>QUALITY MEASURES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Larksfield Place</td>
<td>★★★★★</td>
<td>★★★★</td>
<td>★★★★★</td>
<td>★★★★★★</td>
</tr>
<tr>
<td>Regent Park Rehabilitation &amp; Healthcare</td>
<td>★★★★</td>
<td>★★★★</td>
<td>★★★★★</td>
<td>★★★★★</td>
</tr>
<tr>
<td>Avita Health &amp; Rehab At Reeds Cove</td>
<td>★★★★</td>
<td>★★★★</td>
<td>★★★★★</td>
<td>★★★★★★</td>
</tr>
<tr>
<td>Catholic Care</td>
<td>★★★★</td>
<td>★★★★</td>
<td>★★★★</td>
<td>★★★★★</td>
</tr>
<tr>
<td>Life Care Center of Wichita</td>
<td>★★★★</td>
<td>★★★★</td>
<td>★★★★</td>
<td>★★★★★</td>
</tr>
</tbody>
</table>

You CAN choose where you wish to receive care!

The best 10% nursing homes in the United States receive across the board, 5 Star ratings. In Wichita, there are only 2 facilities that merit this rating. In our state-of-the-art facility we have in-house staff (not outside contractors) providing all direct, resident care.

Larksfield Health Care & Rehabilitation Center includes 80 private rooms and is fully Medicare and Medicaid certified. In addition to providing skilled care services to Larksfield residents, the Health Care Center serves the broader community offering inpatient care programs for complex medical conditions and rehabilitative medical conditions. In addition, Larksfield offers outpatient & home services for continuity of care including rehabilitation services and other specialty programs such as wound care.

You don’t have to be a Larksfield Place resident to receive our 5-Star services.
Inpatient Rehabilitation Services

Therapy programs at Larksfield Place are individualized to meet your rehabilitation needs. Our therapists will establish customized programs and goals, provide one-on-one therapy sessions for optimal healing using traditional and hands on techniques to treat many injuries and conditions.

The range of care includes all of the therapy and nursing services with the added expertise of certified wound care staff, therapists with advanced training in dysphagia and Parkinson’s, hand rehabilitation and certified Geriatric pharmacists on-site.

Our therapy team consists of licensed therapists with specialized certifications and training who have extensive experience working with older adults. They work closely with referring physicians as an integrated approach; maintaining consistency of care.

Larksfield Rehabilitation consists of a complete on-site rehab gym, pool, modalities including ultrasound, e-stim, diathermy, weights, cardio equipment and private treatment areas.

Larksfield Place Amenities

- Private Rooms & Bathrooms
- Full Range of Rehabilitation Therapies
- Rehabilitation Gym
- In-house Pharmacy
- Nutrition Specialist
- Certified Exercise Therapies
- Fitness Center with Indoor Pool
Our Therapy Team

Rachel Pankratz, MPT – Wound Care Certified (WCC), Long Term Living Magazine 2016 Leader of Tomorrow, 2016 Health Care Heroes Recipient for Innovation

Megan Bengtson, DPT – Lee Silverman BIG Certified (Parkinson’s specialty), Certified Exercise Expert for the Aging Adult (CEEAA)

Stephanie Blake, DPT – Lee Silverman BIG Certified (Parkinson’s specialty), Parkinson’s Wellness Recovery (PWR), Wound Treatment Associate (WTS) certified

Kelli Pepper, DPT - Lee Silverman BIG Certified (Parkinson’s specialty)

Elizabeth Palmgren, CPTA - Certified Lymphedema Therapist (CLT)

Kali Dvorak, OTR - Lee Silverman BIG Certified (Parkinson’s specialty)

Manolito Munoz, OTR/L – Certified Hand Therapist (CHT)

Andrea Crittenden, MA, CCC-SLP – Lee Silverman LOUD certified (Parkinson’s specialty), VitalStim certified (dysphagia treatment)

Thanh Hicks, DPT
Alexis Michel, DPT
Brandi Callaway, CPTA
Reesa Allen, CPTA
Kathleen Higgs, OTR/L

Rocio Quintana, COTA
Jill Cook, COTA
Mariah Cravens, COTA
Amy Brazil, MA. CCC-SLP
# Rehabilitation Therapy Services

## PHYSICAL THERAPY

<table>
<thead>
<tr>
<th>Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>LSVT BIG™ – Parkinson’s Treatment</td>
</tr>
<tr>
<td>NEURO-IFRAH</td>
</tr>
<tr>
<td>Lymphedema Certified Therapist - Complete Decongestive Therapy Includes:</td>
</tr>
<tr>
<td>* compression &amp; decongestive exercises</td>
</tr>
<tr>
<td>* manual lymphatic drainage</td>
</tr>
<tr>
<td>* skin care</td>
</tr>
<tr>
<td>Aquatic Therapy</td>
</tr>
<tr>
<td>Sciatica</td>
</tr>
<tr>
<td>Vestibular Rehabilitation</td>
</tr>
<tr>
<td>Balance Re-Training</td>
</tr>
<tr>
<td>Manual Therapy</td>
</tr>
<tr>
<td>Senior Strength &amp; Conditioning</td>
</tr>
<tr>
<td>Kinesio-Taping</td>
</tr>
<tr>
<td>Wound Care</td>
</tr>
</tbody>
</table>

## OCCUPATIONAL THERAPY

<table>
<thead>
<tr>
<th>Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>Certified Hand Therapist</td>
</tr>
<tr>
<td>Pain Management for Shoulder, Elbow &amp; Neck</td>
</tr>
<tr>
<td>Urinary Incontinence Re-Training</td>
</tr>
<tr>
<td>Modalities for Pain Control</td>
</tr>
<tr>
<td>Retraining for Activities of Daily Living</td>
</tr>
<tr>
<td>Ergonomic Assessments</td>
</tr>
</tbody>
</table>

## SPEECH THERAPY

<table>
<thead>
<tr>
<th>Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>LSVT LOUD – Parkinson’s™ Voice Treatment</td>
</tr>
<tr>
<td>Cognition &amp; Memory</td>
</tr>
<tr>
<td>VitalStim for the Treatment of Dysphagia</td>
</tr>
</tbody>
</table>
Optimize Post-Surgical Results with “Prehab”

Planning an elective surgery? Through prehabilitation, we work to optimize our patient’s strength and range of motion “before” they have joint-replacement surgery so that patient’s bodies and minds will be better prepared for the journey they have ahead of them.

**Total hip & total knee replacement pre-surgical program benefits include:**

- Increased range of motion and strength
- Improved muscular awareness
- Decreased pain and swelling
- Up to 73% less time in rehab after your surgery
- Increased likelihood of discharging directly home following surgery
- Comprehensive education provided by skilled therapists before your surgery
Outpatient rehabilitation is a form of therapy where patients travel to Larksfield Place Healthcare & Rehabilitation to attend sessions and then return home the same day. Typically, a therapy session lasts from 30 minutes to an hour.

When patients are admitted into our outpatient programs, it indicates that the patients are doing well enough to be home, and their doctors have confidence in them completing their course of therapy through outpatient rehabilitation.

**Specialized Outpatient Rehabilitation Programs**

Our outpatient rehabilitation team develops individualized treatment plans to help patients reach their goals. A patient’s first visit includes a complete evaluation with a licensed physical or occupational therapist who develops a treatment plan. They work closely with referring physicians as an integrated approach with the benefit of maintaining consistency in care. The therapy plan is carefully customized to the patient’s specific needs.

**Outpatient programs include:**

- Amputee
- Aquatic therapy
- Brain injury
- Fractures
- General orthopedics
- Hand therapy
- Lymphedema
- Neurorehabilitation
- Occupational therapy
- Parkinson’s specialty programs
- Physical therapy
- Speech therapy
- Stroke
- Wound Care
In-Home Care

Larksfield Place Home Care service is available to the greater Wichita community in their own home. Our ability to provide the continuum of care in your own home following rehabilitation supports greater outcomes. You do not have to be a resident at Larksfield Place to receive this supportive care. We will file Medicare for you.

WHY CHOOSE US?

Larksfield Place’s health care is considered the region’s best - by patients, by physicians, by health care professionals and by the Federal government. Larksfield Place Health Care Center is rated 5 stars in every category by the Centers for Medicare and Medicaid Services. Larksfield Place has more national and regional award winning staff, more certified staff including specialists in wound care, Parkinson’s disease, lymphedema care and upper extremity therapies than any other provider in the area. The quality and innovation that the region trusts at Larksfield is available in your home through our home care services.

It’s your care. You have a choice. Better IS better and now, it is available in your home by our own certified, bonded and tested caregivers.
HOME CARE SERVICES

Perhaps you just need some help with the simple necessities of life, such as bathing, dressing, medication reminders and help with preparing a simple meal. Often times assistance is necessary after a hospital or skilled rehab stay; one of our caring, home health aides is ready to help.

There are also times when you need help from a professional nurse: taking your medications, changing a dressing from a medical procedure, or other health planning services. Again, someone is here for you to eliminate trips to a clinic or doctor’s office and keep you home.

HOW TO SERVICES?

Contact Home Care Services at 316.858.3920

**HOME CARE SERVICES:**

- Skilled Nursing
- Care Transitions
- Patient Education & Training
- Medication Management
- Pain Management
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Psychiatric Nursing
- Infusion Therapy
- Social Worker Support
- Certified Wound Care
- Nutritional Care
- Home Care Aide
Contact us:

Larksfield Place Health Care & Rehabilitation 316.858.3961
2828 N Governear Street, Wichita, KS 67226 Fax 316.719.4796

Larksfield Place Home Care 316.858.3920
7373 E 29th St North, Wichita, KS 67226 FAX 316.636.4300

Larksfield Place is located off of 29th Street between Woodlawn & Rock Road

Additional resources:
PowerPoint flash drives with services and rehabilitation outcomes available to referring physicians & case managers: